

SOUTH CAROLINA KI-AIKIDO

Is Pleased to Host

EKF Summer Seminar

Ki ga Tsuku in Daily Life through the Inner Disciplines: Ki Breathing (Ki no Kokyuhō), Ki Meditation (Ki no Seizahō), Kiatsu Ryohō (Kiatsu Therapy), Sokushin no Gyo (Bell Meditation)

August 7 – 9, 2026

Greenville, South Carolina



Seminar Instructor
Rich Fryling Sensei, 6th Dan
EKF Chief Instructor



Seminar Instructor
David Shaner Sensei, 8th Dan
EKF Senior Advisor



Meditation Instructor
Mark Stone Sensei, 7th Dan
Furman University Head Instructor

Seminar Schedule:

Friday, August 7, 2026

5:30 PM – 7:00 PMTraining
7:30 PM – Social at Shaner Sensei’s Home

Saturday, August 8, 2026

7:30 AM – 8:15 AM..... Meditation - Hei-Sei-Ji, The Place of Peace
9:00 AM – 12:00 PMTraining
12:00 PM – 2:00 PM Lunch (on your own)
2:00 PM – 4:30 PMTraining

Saturday evening we will be honoring our two recent Nanadan recipients: Harrell Sensei and Stone Sensei.

6:30 PM –Social at Harrel Sensei’s Home

Sunday, August 9, 2026

7:30 AM – 8:15 AM.....Meditation - Hei-Sei-Ji, The Place of Peace
9:00 AM – 12:00 PMTraining

Seminar Location:

South Carolina Ki-Aikido
1014 Wade Hampton Blvd.
Greenville, SC 29607

Morning Meditation
Hei-Sei-Ji, The Place of Peace
Furman University

Cost:

\$200.00 (Friday – Sunday, Includes Socials)

ONLY Available Pay Methods:

VENMO is the preferred payment method. The account name is @sckiaikido.
To pay via check, please make checks payable to South Carolina Ki Aikido or SCKA.

Registration:

Please click this [link](#) to register.

Hotel Information:

Please click this [link](#) for a list of hotels near the dojo.